

HOSTAL EMPÚRIES

Freixanet Saunasport finishes the sustainable wellness project of the first hotel in Europe with Leed Gold certification

Hostal Empúries chooses Freixanet Saunasport to secure the best fusion among landscape, tradition, well-being and ecology. The emblematic Hostal Empúries rests on centenarian ground, chosen by Greek navigators for their settlement, due to its withdrawal, security and beauty. Now it has got new wellness facilities, integrally designed by Freixanet Saunasport.

Freixanet Saunasport has been selected for its broad experience in the field, both at national and international level. The firm is marking its tendency with its innovating equipment and qualified services, which stand out for their advanced technology and respect for environment.

The Hostal Empúries 's wellness area has got a wide variety of Freixanet Saunasport's products. Among them, there are professional saunas with hemlock wood and steam baths with starred sky. In addition, several pools have been prepared: a VITALITY POOL, with aquatic games and a swimming pool. In the wellness area, relaxation zones, massage stretchers and a temple of showers, with waterfall, kneipp, and bucket showers, as well as sensation showers-equipped with aromatherapy-have been set up. The temple is a true attraction which offers the possibility of choosing between intense tropical rain or mild temperate one, in both of which light becomes bluish and tonic freezing rain is freed. Finally, the changing-rooms have been provided with large Freixanet lockers.

Hostal Empúries has followed the rules of Nature, with the intention of becoming a reference in sustainable tourism. They did it two years ago, when they became the first sustainable tourist establishment certificated by Leed, which honours the buildings that have demonstrated commitment with sustainability, by fulfilling the most demanding standards of eco-efficiency.

Basically, this is a matter of respecting Nature, so that the building becomes a regenerative agent of the environment: avoiding erosion, keeping the quality of water and extending biodiversity to the benefit of all the community. In order to obtain this, it is necessary to think about systems of closed cycles where remainder is equal to food. As in the natural cycle, the source of energy available, the Sun, is exploited. Based on this theory, they thought about the setting up of spaces in order to take maximum advantage of natural light and views. For example, more withdrawn areas, such as the library or the toilets, are placed indoor, while the areas of greater transit, which are busier, receive natural light. In order to secure favourable behaviour in relation to energy, moss and non-evergreen vegetation have been planned in the areas which receive greater radiation, improving, therefore, thermal behavior and aesthetics of the surroundings.

The air conditioning of the whole establishment is controlled by geothermal pumps, and hot water is provided by a system of thermal solar energy. As to water for domestic use (gray and black), the biological water purifier recovers and remakes good use of it to irrigate plants and to fill water deposits, using vegetation as a purifier element.

Among many others, these are some of the improvements carried out in Hostal Empúries, obtaining facilities which fulfill the principle of sustainability and respect Nature.



VITALITY POOL